

It is our goal to fully understand your needs and wants regarding your chiropractic healthcare. You can help us by answering the following questions.

1. *My concept of health is:*

- Being pain free Having all parts of my body functioning as they should
 Not sure / Don't know

2. *My current understanding of chiropractic is*

- Thorough Limited Non-existent

I think chiropractic is: _____

3. *My attitude towards being here is:*

- Hopeful and Interested Neutral Leery and Skeptical Fearful
 Antagonistic (don't really want to be here)

4. *The following is a brief description of what I anticipate will occur with chiropractic adjustment(s), if you're not sure simply write not sure:*

5. *Base on my understanding of chiropractic adjustment, my care objective is:*

- Simply being pain free as soon as possible
 Being pain free as soon as possible, but also stabilizing my spine so that I have better health and an increased freedom of movement
 Being pain free, stabilized, and on a maintenance program for long-term wellness
 Not sure, I'll let the doctor decide what care program is best

To help better explain your chiropractic condition and how we may be able to help you, please check the best answers for the following questions:

1. *I remember important things in my life by:*

- What I see What I hear What I feel

2. *The primary reason I brush my teeth is to:*

- Avoid tooth decay and gum disease
 Make sure I have healthy teeth and gums

3. *When I make decisions I generally:*

- Gather facts and weigh evidence
 Make the right choice instantly
 Consult my friends and family
 Depend on how I "feel" about it

Thank you for your answers. Based on your answers, we can better customize a program to fulfill your needs and wants.